Laura Whaley

Content Creator, Entrepreneur & One of the Most Relatable Voices on Modern Workplace Culture

WORKPLACE CULTURE · COMMUNICATION · WORK-LIFE INTEGRATION · PERSONAL GROWTH & PROFESSIONAL DEVELOPMENT · PERSONAL BRANDING & ENTREPRENEURSHIP

THE PITCH

7 million+ Work Besties follow Laura Whaley for saying what everyone at work is thinking. On stage she turns awkward meetings, corporate jargon and blurry boundaries into laughter, connection and better ways to work.

FULL BIO

With a community of more than 7 million followers across social media, Laura Whaley has become one of the most relatable voices on modern work, workplace culture and the everyday realities of corporate life.

Known for her hilarious, refreshingly honest and all-too-familiar takes on the working world, Laura has built an extraordinary following by putting into words what millions of people are thinking but rarely say out loud.

From navigating awkward workplace conversations and setting professional boundaries to decoding corporate jargon and finding balance between work and life, Laura has a remarkable ability to turn everyday experiences into moments of humour and connection.

After years spent navigating the corporate business world herself, Laura began creating comedic videos inspired by the mundane, frustrating and often absurd moments that so many professionals experience. What started as relatable online storytelling grew into a community of millions of loyal followers, affectionately known as her Work Besties, and ultimately opened the door to an entirely new career.

Today, Laura is a content creator, entrepreneur and business owner who has successfully built her own brand, launched her own corporation and collaborated with major brands, all while staying true to the authenticity and humour that made her content resonate in the first place.

Whether she's exploring workplace communication, personal boundaries, professional expectations or what it really means to be successful, Laura brings a refreshing perspective to conversations that affect virtually everyone who works.

Funny, authentic and unapologetically relatable, Laura reminds us that while our experiences at work may be different, the challenges, frustrations and moments that connect us are often remarkably similar.

CONNECT

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SIGNATURE KEYNOTES

It's Not Just You: Navigating the Realities of Modern Work

Workplace Culture | Communication | Professional Boundaries

The awkward conversations. The unspoken expectations. The corporate jargon. The meetings that could have been emails. Sound familiar?

With more than 7 million followers connecting with her hilarious and painfully relatable observations about working life, Laura Whaley has built an extraordinary community around something we can all appreciate: so many of us are navigating the same workplace challenges.

Drawing from her own experiences in the corporate world and the everyday moments that have resonated with millions of her Work Besties, Laura takes an honest, humorous look at the realities of modern work.

From communicating more effectively and establishing healthy professional boundaries to navigating workplace expectations and finding your voice, Laura explores the experiences that shape how we work, interact and show up professionally.

At a time when conversations around workplace culture, employee expectations and professional well-being have never been more relevant, Laura brings a fresh and remarkably relatable perspective.

Because sometimes, the most reassuring thing we can hear about our experiences at work is: It's not just you.

Beyond the 9-to-5: Redefining Success, Boundaries & Balance

Work-Life Integration | Personal Success | Well-Being

What does success actually look like when you stop measuring it against everyone else's expectations?

For years, we've been encouraged to pursue professional success, climb the corporate ladder and somehow find the perfect balance between our personal and professional lives. But what happens when the traditional definition of success no longer reflects what we really want?

Having navigated the corporate world before building an entirely new career as a content creator and entrepreneur, Laura Whaley brings a personal perspective to the conversation about success, work-life integration and the importance of setting boundaries.

Through humour, honest observations and her own journey of professional reinvention, Laura explores what it means to define success on your own terms, establish boundaries that support your priorities and create habits that align with the life and career you want to build.

Rather than offering another unrealistic formula for achieving perfect work-life balance, Laura encourages audiences to rethink the expectations they place on themselves and consider what a more intentional, fulfilling approach to work and life could look like.

Because success isn't necessarily about doing more. Sometimes, it's about getting clearer on what matters most.

Say What You Mean: The Art of Communication & Setting Boundaries at Work

Workplace Communication | Authenticity | Professional Relationships

"Just circling back." "Let's take this offline." "Per my last email."

We've all heard the phrases. We've all used them. And we've all wondered what people are actually trying to say.

With millions of followers who love her hilarious interpretations of corporate language and workplace interactions, Laura Whaley has become a familiar voice in conversations about how we communicate at work.

But behind the humour is something that affects every professional: how do we communicate clearly, express our needs and establish healthy boundaries while navigating the expectations of the workplace?

Drawing from her experiences in corporate life and the relatable situations that have made her online content so popular, Laura explores the everyday communication challenges that can create frustration, misunderstanding and unnecessary stress.

From learning to say no and managing expectations to finding the confidence to communicate more openly and authentically, Laura offers a fresh perspective on the importance of making ourselves understood.

Because better communication isn't about finding more impressive corporate language. It's about finding the confidence to say what we actually mean.

The Power of Being You: Building an Authentic Personal Brand

Personal Branding | Social Media | Content Creation | Entrepreneurship

How do you turn your own voice, experiences and perspective into a brand that millions of people connect with?

For Laura Whaley, the answer wasn't about pretending to be someone else. It was about embracing the experiences, humour and observations that made her perspective uniquely her own.

After years working in the corporate world, Laura began sharing comedic videos about the everyday realities of professional life. Her authentic, relatable approach resonated with audiences, eventually growing into a community of more than 7 million followers across social media.

Today, Laura has transformed that connection into a successful personal brand, launched her own corporation and collaborated with major brands, all while maintaining the distinctive voice that helped build her following.

In this keynote, Laura shares her journey from corporate professional to content creator and entrepreneur, exploring the importance of authenticity, community-first content creation and building meaningful connections in an increasingly crowded digital world.

Whether you're an entrepreneur, business professional, marketer or aspiring creator, Laura's story offers a compelling look at the opportunities that can emerge when you embrace what makes you different.

Because in a world where everyone is competing for attention, being authentically yourself may be your greatest advantage.

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Original high-resolution color files are included alongside this PDF in the ZIP download.



PORTRAIT



STAGE

BOOK THIS SPEAKER

To check availability, request a hold, or confirm a date for **Laura Whaley**, email either of the following:

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